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Objectives:

- Ask pregnancy intention questions appropriate for marginalized syphilis infected populations
- Conduct brief overview of contraceptive methods w/ tiered effectiveness chart
- Identify quick-start, low-maintenance birth control options that overcome access barriers
- Identify an intervention for family planning health sites to help reduce congenital syphilis.
Pregnancy Intention

Contraceptive Methods

Integrated Referrals

Points of Contact???
Pregnancy Intention
Pregnancy Status

Are you pregnant now?
When was the 1\textsuperscript{st} day of your last period/monthly bleed (LMP)?
Had sex with any pregnant partners?
Are you in prenatal care?

Pregnancy Intention

Would you like to be pregnant this year?
Are you trying to get pregnant now?
How would it be for you if you got pregnant this year?

DYAD ROLE PLAY
(handouts)
Add Desire for Preg Questions
Syphilis Positive Patient

- Do you want to get pregnant this year? Ever?
- Are any of the ppl you’ve had sex with trying to get pregnant?

Partner Elicitation

- Is anyone you’ve had sex with pregnant now?
- Is pregnancy possible?
If Pregnancy Desired or Possible...

GOAL: healthy birth / baby

- Explain risks of congenital syphilis
- Need for treatment immediately (self or partners who may be preg.)
- Referral to confidential treatment + prenatal care
If Pregnancy Not Desired…
GOAL: avoid pregnancy

- Need for treatment immediately (self or partners)
- Explain risk of congenital syphilis
- Contraceptive Options
- Referral to confidential treatment + free contraception
Contraceptive Counseling Integration

Source: Bedsider.org
Free: http://beyondthepill.ucsf.edu/tools-materials

**DYAD ROLE PLAYS**
Free: http://beyondthepill.ucsf.edu/tools-materials
There are more birth control methods than you think.

https://shop.powertodecide.org
https://shop.powertodecide.org
Integrated Referrals (Tx + BC)
Upstream Intervention: Treatment + Birth Control

- Title X Clinics
- Family PACT Clinics
- Other FP Clinics
- STD Treatment Centers??
Downstream Intervention: Birth Control Needs/Desires

- Does not contain hormones
- Protects against STDs
- Does not require healthcare provider visit
- No pre-sex preparation required
- Quickly reversible
- May decrease monthly bleeding and cramping
- Private/not detectable
- Works after sex
- Works immediately

Permanent
- Female Sterilization
- Vasectomy

Long Acting (Multiple Years)
- Contraceptive IUD: ParaGard
- Hormonal IUD: Mirena, Skyla & Liletta
- Implant: Nexplanon

Periodic (1-3 Months)
- Contraceptive Shot: Depo-Provera

arhp.org/MethodMatch/
Birth Control Clinic Finders

Hanford Community Medical Center
450 Greenfield Ave.
Hanford, CA, 93230
(559) 582-4364

Contra Costa Health Services - Mobile Clinic Site
Multiple Sites East Centr
Martinez, CA, 94553
(925) 393-6466

Valley Health Center - Moorpark
2400 Moorpark Ave
San Jose, Ca, 95128
(408) 885-7049

Health and Life, Sacramento Community Clinic
Points of Contact
Phone / In-Field Partner Elicitation

- Patient Info
- Exposure / Risk Behaviors
- Locating Partners
- Clustering / Social Network Ques.

Where are places to integrate pregnancy intention questions + contraceptive information?
Ask Pregnancy Status + Pregnancy Intentions
- Patient Info
- Partner Info

Provide BC Education
- Patient Info
- Patient Interview (in-person)
(no preg desire & ambivalent + state interest in birth control)

Integrated Referrals to ALL!
Questions?

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After this session, **one thing** I may do to help reduce congenital syphilis in California is...
Learning Exchange Core Trainings

Family Planning Health Worker 2-Day Certification Training
Pregnancy Options Counseling 2-Day Certification Training
Best Practices for Integrating Sexual + Reproductive Health into Primary Care 1-Day Training
Permanent Contraception (Sterilization) Counseling 1-Day Training
Motivational Interviewing Half-Day Workshop
Live + On-Demand Expert Webinars
Online Interactive Sexual + Reproductive Health Courses

Learn More At:
essentialaccessTraining.org