

Pregnancy Intention + Contraceptive Counseling for Syphilis Positive Patients: A Strategy for Reducing Congenital Syphilis

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Objectives:

- Ask pregnancy intention questions appropriate for marginalized syphilis infected populations
- Conduct brief overview of contraceptive methods w/ tiered effectiveness chart
- Identify quick-start, low-maintenance birth control options that overcome access barriers
- Identify an intervention for family planning health sites to help reduce congenital syphilis.

Pregnancy Intention

Contraceptive Methods

Integrated Referrals

Points of Contact???

Pregnancy Intention

Pregnancy Status

Are you pregnant now?

When was the 1st day of
your last period/monthly
bleed (LMP)?

Had sex with any
pregnant partners?

Are you in prenatal care?

Pregnancy Intention

Would you like to be
pregnant this year?

Are you trying to get
pregnant now?

How would it be for
you if you got
pregnant this year?

DYAD ROLE PLAY
(handouts)

Add Desire for Preg Questions

Syphilis Positive Patient

- Do you want to get pregnant this year? Ever?
- Are any of the ppl you've had sex with trying to get pregnant?

Partner Elicitation

- Is anyone you've had sex with pregnant now?
- Is pregnancy possible?



GOAL: healthy birth / baby

-

If Pregnancy Not Desired...

GOAL: avoid pregnancy

- Need for treatment immediately (self or partners)
- Explain risk of congenital syphilis
- Contraceptive Options
- Referral to confidential treatment + free contraception



[illegible]

HOW WELL DOES BIRTH CONTROL WORK?



Really, really well



The Implant



Hormonal IUDs



Non-hormonal IUD



Sterilization,
for men and women

Works, hassle-free, for up to...

4 years

3-6 years

12 years

Forever

What is your chance
of getting pregnant?



Less than 1 in 100 women



Pretty well



The Pill



The Patch



The Ring



The Shot

For it to work best, use it...

Every. Single. Day.

Every week

Every month

Every 3 months



6-9 in 100 women,
depending on method



Not as well



Withdrawal



Fertility Awareness



Internal Condom



Condom

For each of these methods to work, you or your partner have to use it every single time you have sex.

Use a condom with any other method for STI protection.



12-24 in 100 women,
depending on method

BEDSIDER
BirthSide.org



Bixby Center
for Global
Reproductive
Health



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**FYI, without birth control,
over 90 in 100 young women
get pregnant in a year.**

Free: <http://beyondthepill.ucsf.edu/tools-materials>



IUDs AND THE IMPLANT

BIRTH CONTROL THAT REALLY WORKS

IUDs

(INTRAVETERINE DEVICES)



WHAT ARE IUDs?

They're little plastic T's that sit inside of your uterus. In your uterus, they don't have hormones, but they prevent pregnancy better than other kinds of birth control.

- IUDs WITH HORMONES:** Mirena and Liletta are brand name hormonal IUDs. After a few months, they make lighter and shorter periods. Some women stop having a period at all.
- IUDs WITHOUT HORMONES:** The ParaGard is a non-hormonal IUD. It's the only highly effective method of birth control without hormonal side effects. For the first six months, it may cause heavier or crampier periods.

the IMPLANT

WHAT IS IT?

Norplant is a flexible little rod that rests under the skin in your upper arm. A doctor or nurse puts it there, but nobody else knows it's there.

- It prevents pregnancy better than other kinds of birth control.
- It may cause irregular spotting or bleeding, and some women stop having a period.

Same size as a pencil!
WOW!!!

CAN YOU SEE IT?



GETTING AN IUD OR IMPLANT

WILL IT HURT?

It's different for everyone. Norplant helps and you should feel totally normal within a week.

WHAT WILL IT COST?

It depends on where you live and what health coverage you have. Insurance plans must cover birth control. If you have no insurance, you may qualify for programs that help cover the cost. Ask your health care provider to help you figure this out.

REDRIVER

Red River Health Services is a 501(c)(3) non-profit organization. All services are provided on a sliding scale fee basis. For more information, call 714.769.7697 or visit us online at www.redriverhealth.org.

RECOMMEND CONDOMS ARE THE ONLY THING THAT PROTECT AGAINST SEXUALLY TRANSMITTED INFECTIONS.





DIUs Y EL IMPLANTE

ANTICONCEPTIVOS QUE REALMENTE FUNCIONAN

DIUs

(DIAPHRAGMATIC INTRAUTERINE DEVICES)



¿QUÉ SON DIUs?

Son dispositivos plásticos de silicona que se insertan en forma de T. Se colocan en el útero ya sea por una doctora o enfermera. Así le puede evitar para siempre el embarazo. Nadie más debe introducir anticonceptivos.

- DIUs CON HORMONAS:** Mirena y Liletta son los DIUs con hormonas de progestina. Después de unos meses, causan menstruaciones ligeras y cortas. Algunas mujeres dejan de menstruar por completo.
- DIUs SIN HORMONAS:** El ParaGard es un DIU sin hormonas. Es el único método anticonceptivo eficaz sin efectos hormonales secundarios. Después de seis meses, los DIUs pueden causar menstruaciones más fuertes o irregulares.

EL IMPLANTE

¿QUÉ ES?

Norplant es una varilla pequeña y flexible que se pone justo debajo de la piel en la parte superior del brazo. Se inserta y se remueve la varilla allí, pero nadie más sabe que la tiene.

- Previene el embarazo mejor que otros métodos anticonceptivos.
- Puede causar manchas de sangre irregulares, y algunas mujeres dejan de menstruar.

¡El tamaño de un lápiz! ¡WOW!!!

¿PUEDE VERLO?



CONSIGUIENDO UN DIU O EL IMPLANTE

¿DOLERÁ?

Para cada mujer es diferente, pero Norplant puede ayudar con el dolor. Se sentirá incómodo normal de una semana.

¿CUÁNTO COSTARÁ?

Todo depende de donde usted vive y qué tipo de seguro médico tenga. Los planes de seguro deben cubrir anticonceptivos. Si usted no tiene seguro, puede calificar para programas de ayuda. Pregúntele a su proveedor de servicios médicos para saber.

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RECOMMEND LOS CONDOMES SON LOS ÚNICOS QUE PROTEGEN CONTRA LAS INFECCIONES DE TRANSMISIÓN SEXUAL.



Free: <http://beyondthepill.ucsf.edu/tools-materials>



<https://shop.powertodecide.org>



<https://shop.powertodecide.org>

Integrated Referrals (Tx + BC)

Upstream Intervention: Treatment + Birth Control

- Title X Clinics
- Family PACT Clinics
- Other FP Clinics
- STD Treatment Centers??



Downstream Intervention: Birth Control Needs/Desires

- ☐ Does not contain hormones
- ☐ Protects against STDs
- ☐ Does not require healthcare provider visit
- ☐ No pre-sex preparation required
- ☐ Quickly reversible
- ☐ May decrease monthly bleeding and cramping
- ☒ Private/not detectable
- ☐ Works after sex
- ☐ Works immediately

Permanent



Female Sterilization



Vasectomy



Long Acting (Multiple Years)



Copper T IUD
ParaGard



Hormonal IUD
Mirena, Skyla & Liletta



Implant
Nexplanon



Periodic (1-3 Months)



Shot
Depo-Provera



arhp.org/MethodMatch/



WHERE TO GET IT / [health center locations](#)

Not sure what to do when you call a health center?

enter location

100 results for
current map location

[Are we missing a health center? Let us know »](#)

write your review on [yelp](#)

Hanford Community Medical Center
450 Greenfield Ave.
Hanford, CA, 93230
(559) 582-4361

write your review on [yelp](#)

**Contra Costa Health Services -
Mobile Clinic Site**
Multiple Sites East Centr
Martinez, CA, 94553
(925) 313-6166

write your review on [yelp](#)

Valley Health Center - Moorpark
2400 Moorpark Ave
San Jose, CA, 95128
(408) 885-7049

write your review on [yelp](#)

**Health and Life, Sacramento
Community Clinic**



Birth Control Clinic Finders

SEX + HEALTH + YOU

teensource.org

f t youtuve i

FIND A CLINIC BIRTH CONTROL STDS RELATIONSHIPS BLOGS KNOW YOUR RIGHTS

Home » Find a Clinic

Map Satellite

FIND A CLINIC

MILES

SEARCH

Points of Contact

Phone / In-Field Partner Elicitation

- Patient Info
- Exposure / Risk Behaviors
- Locating Partners
- Clustering / Social Network Ques.

Where are places to integrate pregnancy intention questions + contraceptive information?



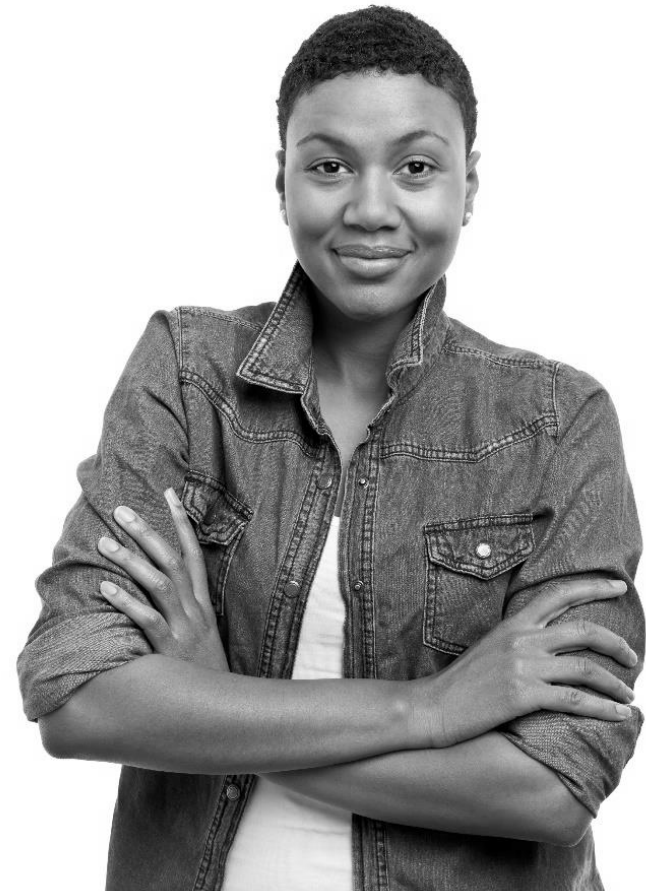
Ask Pregnancy Status + Pregnancy Intentions

- Patient Info
- Partner Info

Provide BC Education

- Patient Info
- Patient Interview (in-person)
(no preg desire & ambivalent
+ state interest in birth control)

Integrated Referrals to ALL!



Questions?

Erica Neuman, MS

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After this session, **one thing**
I may do to help reduce
congenital syphilis in
California is...



Learning Exchange Core Trainings

Family Planning Health Worker 2-Day Certification Training

Pregnancy Options Counseling 2-Day Certification Training

Best Practices for Integrating Sexual + Reproductive Health into
Primary Care 1-Day Training

Permanent Contraception (Sterilization) Counseling 1-Day Training

Motivational Interviewing Half-Day Workshop

Live + On-Demand Expert Webinars

Online Interactive Sexual + Reproductive Health Courses

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