

# Family Planning Health Worker Certification Training Curriculum

**Now 100% VIRTUAL!**

This virtual Family Planning Health Worker (FPHW) Certification Training is Essential Access Health's nationally recognized comprehensive contraceptive counseling course for health providers and educators. Participants learn how to counsel patients on all contraceptive methods, get true informed consent and integrate STD/HIV prevention messaging. They will also learn how to comply with privacy/reporting laws while providing confidential sexual and reproductive health (SRH) services.

Our FPHW training covers the CDC and OPA *QFP Recommendations* for providing quality family planning services and some aspects of our new, comprehensive online resource, [Telehealth Essentials for Sexual + Reproductive Health Care](#) will be integrated into the training.

Fee: \$6,500 for up to 30 participants. Fee includes all course instruction and materials plus access to the new online flipbook version of our manual, "*The Fundamentals of Family Planning*".

## After completing this curriculum, you will be able to:

- Ask Reproductive Life Plan questions to help patients select a birth control method that fits with their family planning goals
- Identify the steps for obtaining informed consent for contraception
- Demonstrate 3 teaching methods to help patients understand information
- Identify federal + state laws related to patients' rights when receiving SRH care
- Integrate STD prevention messaging into birth control counseling sessions
- Demonstrate the use of best practice techniques when providing a mock contraceptive counseling session

## Who should take this course?

The FPHW course and certification process is designed for health care staff in diverse settings and others who provide contraceptive counseling and STD/HIV prevention education to patients, clients or the general public.

- Nurses, LVNs, RNs
- Medical Assistants
- Health Educators and Health Education Specialists
- Sexuality or Peer Educators
- HIV/AIDS or STD Prevention or Testing Staff
- Family Planning Outreach Workers or Counselors

**Approximate Course Completion Time:** 14-16 hours plus reading + certification process

**Continuing Education:** Nursing = 16.1; CHES = 11.0; CPH = 14.0