

Family Planning + STD Services Integration: Best Practices in Implementation

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Title X Business Meeting

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STD Prevention Center Overview

STD Prevention Center Purpose

- **Support** providers in the provision of STD screening, testing and treatment practices
- **Provide** training, technical assistance, + capacity building informed by guidelines from the Centers for Disease Control (CDC) and California Department of Public Health (CDPH)
- **Improve** providers ability to reduce rates of STDs and improve overall health outcomes
 - Offer optimal level of STD care
 - Improve STD screening
 - Strengthen testing strategies
 - Enhance treatment options

Areas of Focus

Patient

- Increased access to STD care (screening, testing and treatment)
- Increased patient satisfaction
- Increase in improved health outcomes

Provider

- Improved provider education
- Implementation of CDC STD Treatment guidelines
- Sharing of best practices in STD care (screening, testing and treatment)
- Improved patient care

Clinic

- Improved clinical measures
- Improved quality improvement
- Improved integration of sexual + reproductive health care
- Increase in STD control, treatment and case management
- Participation in the PDPT Distribution program for GC/CT

Title X Chlamydia Screening

Data: Females <25

**CT Screening, Females <25
2017**

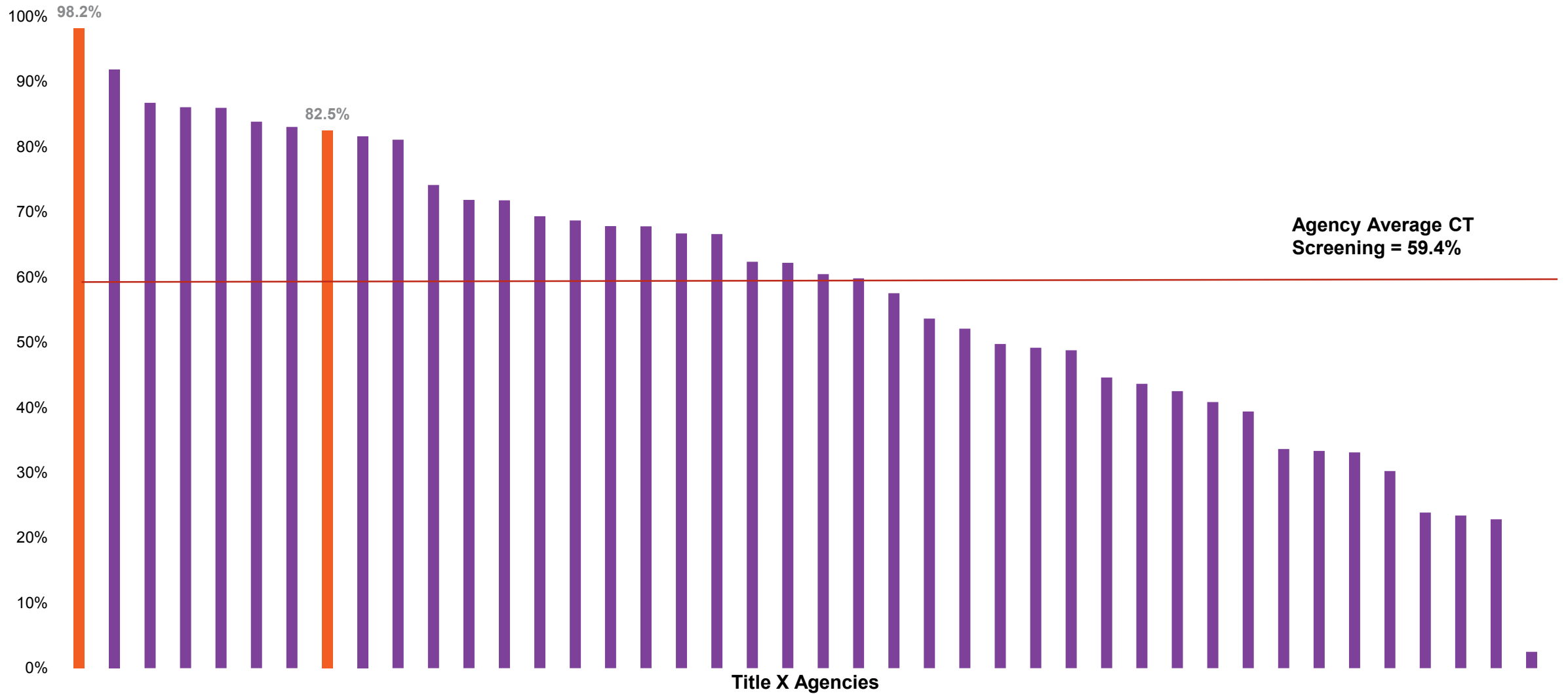


**Agency Average CT
Screening = 68%**

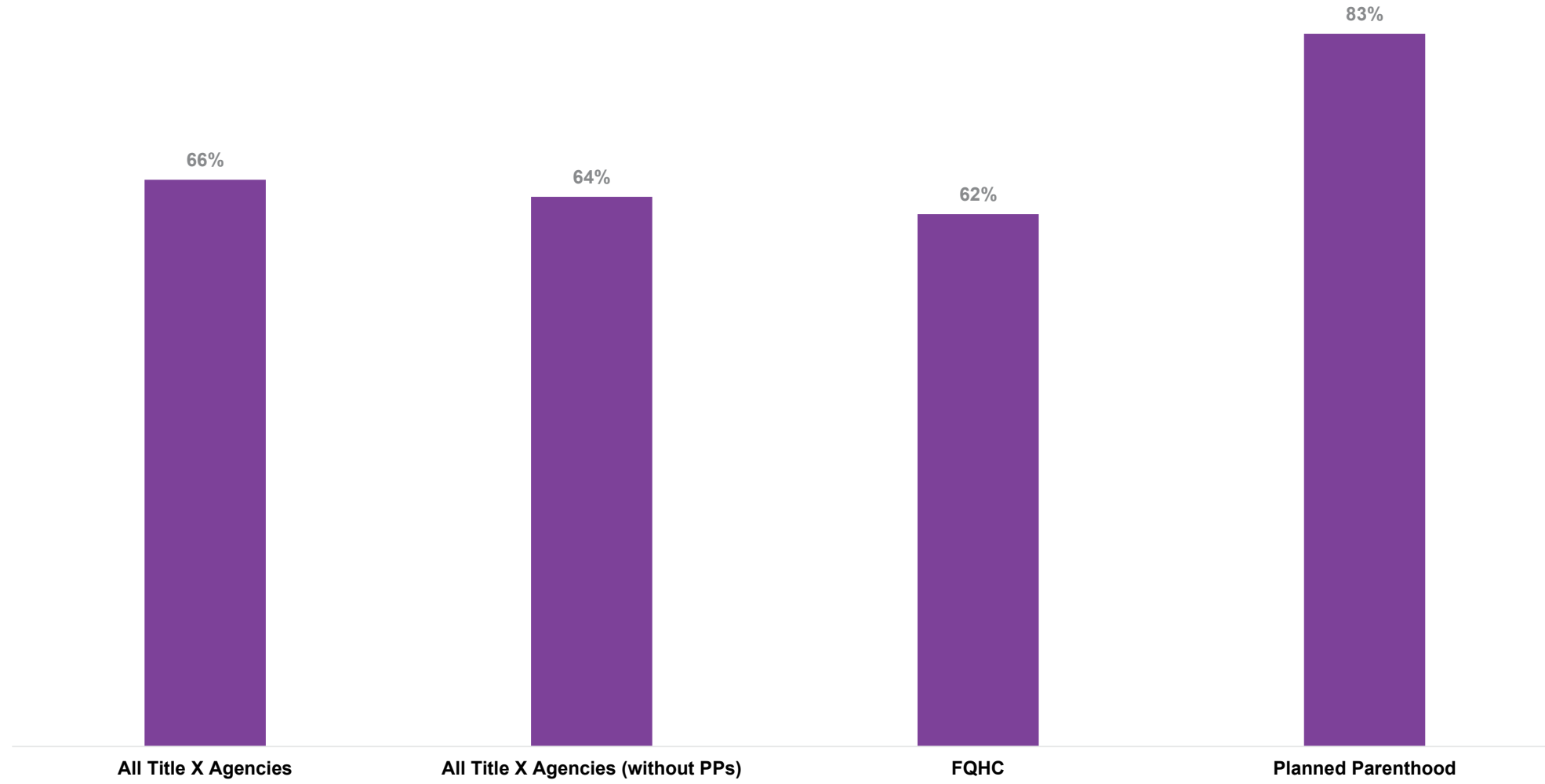
CT Screening, Females <25 2018



CT Screening, Females <25 Mid-Year 2019



CT Screening 2018 Comparison
Agency Average, Females <25



Best Practices in Implementation: City of Berkeley + Fresno EOC

Best Practices on CT Screening

2017 Title X Agency increased screening by 19% (54% to 73%)

- Comprehensive STD Screening Training
- Train Clinicians + staff to use standing orders
- Train front-line staff to Initiate Specimen Collection
- Train front desk staff to flag charts
- Update protocols for staff
- Submit CT Test data to Centralized Data System (CDS)
- Provide adolescent patients time alone with providers
- Train staff on minor consent + confidentiality laws

Quality Improvement Resources for Enhanced CT Screening

California Prevention Training Center

PDSA Cycle Planning Form

Plan Do Study Act (PDSA) Planning Form

Instructions: This form helps your QI Team plan out each change idea you test. Planning for your PDSA cycle includes thinking through objectives of the change, what you think will happen as a result of the change, which staff will be involved in implementing the change, and how you will test the change.

Print this form and fill it out Page 2 manually for each change idea you test when conducting your PDSA cycles each month. For example, if your team is going to test two change ideas, print out two copies of the table. While this form is optional, use is strongly recommended as it will help you enter the information needed for your Monthly PDSA Tracking Log submission in Qualtrics.

Quick Refresher: Rapid PDSA cycles allow us to quickly test improvement ideas through incremental tests of change. The benefits to this include: minimizing disruptions to normal clinic flow, allowing for quick/small-scale failure, facilitating quicker reaction/refinement, helping to garner buy-in from all staff, allowing the team to gain confidence, and reducing unintended consequences.



Helpful tips to complete your PDSA cycles + seamlessly enter the information into the PDSA Tracking Log each month:

PLAN

Think through the details of your test.

- What do you hope to learn from testing this change?
- What tasks need to be completed and who is involved?
- For how long (e.g., half day) and on how many patients will you run the test?
- What will you measure to show whether there are improvements?

DO

Carry out the test & collect information.

- Make note of: general observations, problems encountered, special circumstances that may alter results, & when the test is completed.
- List information that directly relates to what you are measuring.

STUDY

Review & summarize your results.

- What worked well? What barriers, issues, or resistance did you encounter, and how could you overcome these?
- Review your measures for improvement and compare results to the previous performance.

ACT

Document what you learned & plan next cycle.

- Should you:
 - Adapt (improve via changes and continue small-scale test cycles)?
 - Adopt (implement on a larger scale via implementation planning for sustainability)?
 - Abandon (discard) the change?
- If you plan to adapt, what do you need to do differently?
- Are you confident that you should expand size/scope of test?

Plan Do Study Act (PDSA) Planning Form

Month of Test: _____

| | PLAN | DO | STUDY | ACT |
|-------------------|--|--|--|--|
| PDSA/ Change # | Description of Change. Why do you need this change? What tasks need to be completed? Who do you need to help? (e.g. IT) | List the date(s) you tested. How did you test the change? How many patients did you test with? What data did you collect? | What did you learn? What worked well (successes)? What could be improved (barriers)? | How will you adapt the change? What are the next steps? Who is responsible for next steps? |
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |

Family Planning National Training Center PDSA Worksheet

PDSA: Testing Change



AIM

State the overall goal you want to achieve

PLAN

What is happening now? What will happen if we try something different?

What is the change you plan to test?

Develop a plan (who is going to do what, by when, and where?)

| List of tasks needed to set up this test of change | Person responsible | When to be done | Where to be done | Measure to determine success |
|--|--------------------|-----------------|------------------|------------------------------|
| 1. | | | | |
| 2. | | | | |
| 3. | | | | |
| 4 | | | | |

DO

Let's try it!

Carry out your test. Document your data and observations:

STUDY

Did it work?

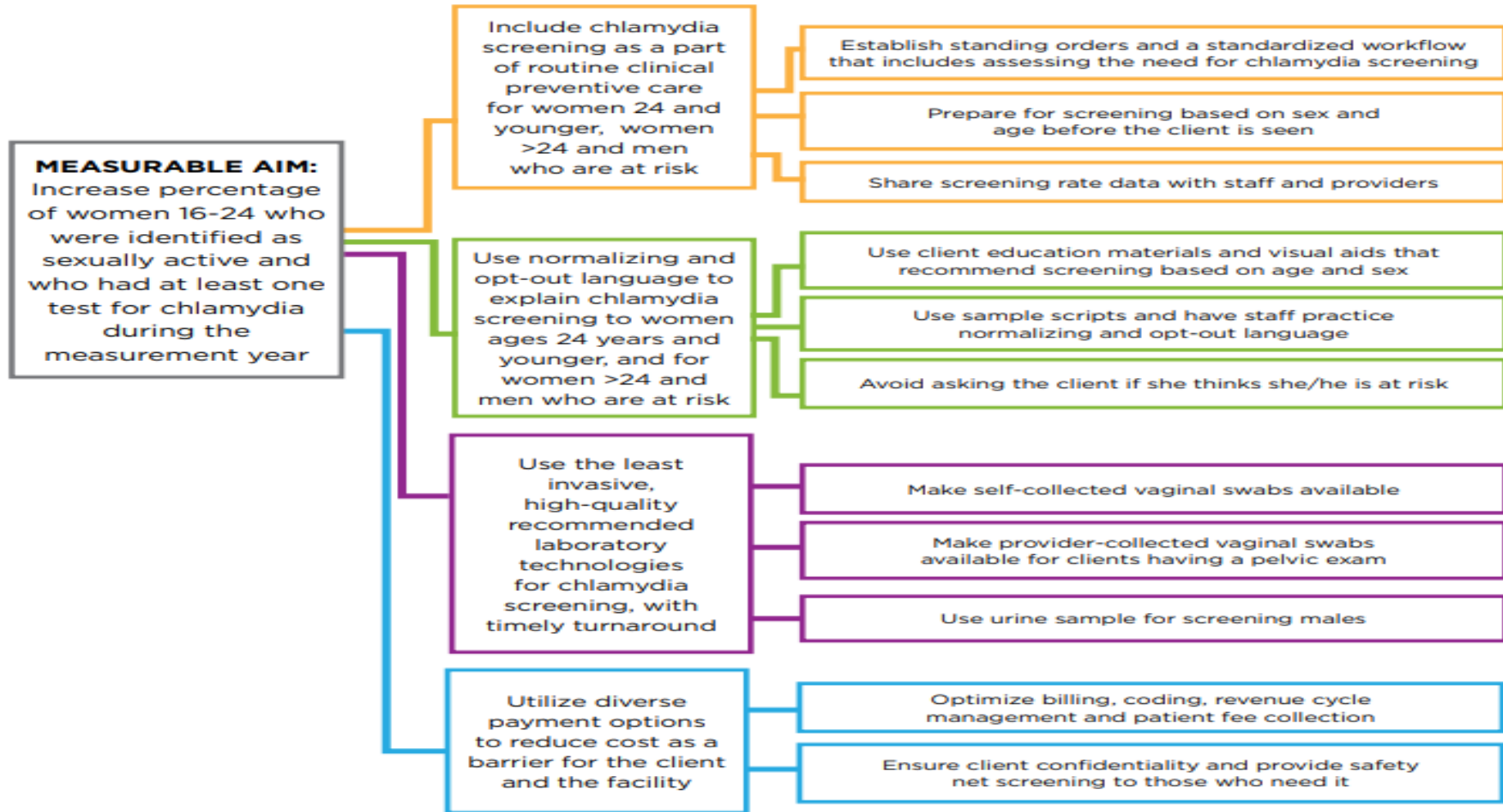
Analyze data. How do the results compare with your prediction and summarize knowledge gained:

ACT

Decide what to do.

Are you going to: Adopt? Abandon? Adapt? Next steps:

FPNTC Chlamydia Screening Change Diagram



Quality Improvement

Questions to consider

- Where do you see gaps or areas for potential improvement?
- How will you implement the change, and who will implement it?
- How can you first test the idea with 1 patient/provider within the next week?
- How can you take what you learn, adapt it, and test again the following week with 2-3 more patients/providers?

Thank you!

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