

Essential Access Health's Learning Exchange Presents

# Pregnancy Options Counseling Certification

## Training Options for CSU Health Centers

Learn how to provide person-centered options counseling informed by medically accurate information about pregnancy, parenting, abortion and adoption. This training is essential for all staff at campus health centers who counsel or educate students about their pregnancy options.

**After this training student health center staff will be more comfortable with:**

- Identifying the range of personal opinions and beliefs concerning pregnancy options
- Describing key elements of all options: parenting, adoption, and abortion in a non-directive way
- Creating and sharing person-centered, helpful pregnancy options referrals for students
- Conducting an unbiased, non-judgmental pregnancy options counseling session

### Interactive Training Series Date Options

Online video modules + knowledge quizzes +  
*Four live (2 hr) trainer-led Zooms for counseling skills practice*

**Continuing Education Credits:** Nursing = 12.6; CME/CHES = 10.5; CPH = 11

**Option #1:** Oct/Nov 2024: Thursdays on 10/31, 11/7, 11/14, and 11/21 from 10:00 AM – 12:00 PM)

**Option #2:** January 2025: Wednesdays on 1/8, 1/15, 1/22, and 1/29 from 8:00 AM – 10:00 AM)

**Option #3:** March 2025: Thursdays on 3/6, 3/13, 3/20, and 3/27 from 9:00 AM – 11:00 AM)

**Option #4:** May 2025: Tuesdays on 5/5, 5/12, 5/19, and 5/26 from 9:00 AM – 11:00 AM)

*\*limit of 50 participants per interactive training option*

### On-Demand Training Option

Online video modules + quizzes ONLY  
(at your own pace)

**Continuing Education Credits:**

Nursing = 3; CME/CHES = 2.5; CPH = 3

*\*limit of 50 participants*



*\*5-year certification upon passage of a final exam & mock counseling video session*