INVITATION

WELCOME TO WOMEN’S HEALTH UPDATE 2020

Essential Access Health is pleased to present our 35th annual Women’s Health Update on February 25 + 26 at The California Endowment in Los Angeles.

Women’s Health Update 2020 comes at a critical time. Although significant progress has been made, health inequities and challenges to providing quality care for all in our current environment persist. Women’s Health Update 2020 will feature thought-provoking plenary discussions and informative workshop sessions to help enhance your capacity to provide evidence-based and patient-centered care in a shifting health care landscape.

Women’s Health Update 2020 is an exciting opportunity for busy health professionals to receive clinical updates and best practices from experts in the field and discuss hot topics in sexual + reproductive health care.

Our Women’s Health Update 2020 program was also designed to maximize continuing education credits - participants can earn up to 13.5 CE Credits!

We are looking forward to seeing you in Los Angeles!

ABOUT ESSENTIAL ACCESS HEALTH

Essential Access Health was established over 50 years ago grounded in the belief that the ability to plan our families and futures and make informed choices about our sexual and reproductive health are essential for individual and community health, equity, and economic security. Learn more about us at essentialaccess.org.

CONFERENCE OBJECTIVES

1. Discuss advances in sexual + reproductive health care related to screening, diagnosis, and treatment
2. Display effective communication + counseling skills related to sexual and reproductive health care
3. Describe how providers can support greater health equity + reproductive justice in their health settings
4. Incorporate current clinical guidelines for reproductive health care into their practice
5. Demonstrate intrauterine device and contraceptive implant insertion and removal procedures
6. Discuss recent changes to the health care landscape that affect women’s health

WHO SHOULD ATTEND?

- Nurse Practitioners
- Nurse-Midwives
- Registered Nurses
- Physicians
- Physician Assistants
- Health Educators
- Public Health Professionals
## CONFERENCE SCHEDULE

### PRE-CONFERENCE SCHEDULE

**TUESDAY, FEBRUARY 25, 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 AM</td>
<td>Pre-Conference Registration</td>
</tr>
<tr>
<td>8:15 AM - 12:15</td>
<td><strong>Pre-Conference A</strong> Fundamental Skills IUD Training</td>
</tr>
<tr>
<td></td>
<td>Practicum participants will receive background information and learn placement techniques for the five intrauterine devices currently available: Mirena®, ParaGard®, Skyla®, Liletta® and Kyleena®. Hands-on practice will be supervised by experienced preceptors.</td>
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<tr>
<td></td>
<td>Cason + Saleeby</td>
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<tr>
<td>9:30 AM - 12:30</td>
<td><strong>Pre-Conference B</strong> Nexplanon® Placement + Removal</td>
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<td>Practicum participants will learn how to identify appropriate Nexplanon™ (etonogestrel implant) patients, prepare patients for placement, and manage technical issues related to placing the contraceptive device. Participants will also receive hands-on, supervised instruction on the latest techniques for placement, localization, removal and re-insertion using an artificial model. This practicum session, sponsored by Merck, is not accredited for continuing education credit and is only open to doctors or advanced practice clinicians with furnishing or prescribing privileges in their state. It is Merck policy to verify participant practice, licensure and eligibility information in advance of the conference date. Merck will contact participants directly if there is a problem regarding this process. Certificates of completion will only be issued to participants that are present for the entire training session.</td>
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<tr>
<td></td>
<td>Merck Trainer</td>
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<tr>
<td>12:00 PM</td>
<td>Exhibits + Lunch</td>
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<tr>
<td>1:30 PM - 4:30</td>
<td><strong>Pre-Conference C</strong> Advanced Skills IUD Training</td>
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<td>Practicum participants will learn skills for mastering challenging IUD placements and removals. Techniques will be reviewed for the safe use of the tenaculum, uterine sound, and inserers. Tips for avoiding common IUD placement pitfalls will be provided. Participants will practice techniques for managing cervical stenosis, providing adequate pain relief during and after placement, removing IUDs without strings and preventing vasovagal syncope and uterine perforation.</td>
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<td>Policar + Saleeby</td>
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<tr>
<td>1:30 PM - 4:30</td>
<td><strong>Pre-Conference D</strong> Nexplanon® Placement + Removal (Repeated)</td>
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<td></td>
<td>Merck Trainer</td>
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<tr>
<td>1:30 - 4:30</td>
<td><strong>Pre-Conference E</strong> Asking the Right Questions: Leveraging the PATH Framework to Support Reproductive Autonomy</td>
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<td>Practicum participants will learn the PATH framework – a concrete, patient-centered set of questions and counseling skills designed to effectively engage with patients to identify their reproductive life goals and how they can work toward achieving them. The PATH questions are non-judgmental and open-ended. The framework is focused on effectively inviting the patient to explore their values and preferences, and moving the conversation forward to offer the services and information that are best aligned with the preferences identified.</td>
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<td>Cason</td>
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<tr>
<td>7:30 AM</td>
<td>Main Conference Registration / Exhibits / Networking / Buffet Breakfast</td>
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<tr>
<td>8:15</td>
<td>WELCOME</td>
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<td>8:30</td>
<td>BREAKFAST PLENARY</td>
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<td></td>
<td>Radical Reproductive Justice</td>
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<tr>
<td>10:00</td>
<td>Exhibits + Refreshment Break</td>
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<tr>
<td>10:30</td>
<td>CONCURRENT WORKSHOPS #1</td>
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<tr>
<td>#11</td>
<td>Connecting the Dots: Gender-Based Violence in Health Care</td>
</tr>
<tr>
<td>#12</td>
<td>STD Update: Data Trends + Current Guidelines for Testing and Treatment</td>
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<tr>
<td>#13</td>
<td>Decreasing Patient Anxiety During Routine Sexual + Reproductive Health Office Procedures</td>
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<tr>
<td>#14</td>
<td>Family Planning + Substance Use Disorder</td>
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<tr>
<td>11:45</td>
<td>Exhibits + Refreshment Break</td>
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<tr>
<td>12:00 PM</td>
<td>LUNCH PLENARY</td>
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<td></td>
<td>Current Developments in Clinical Reproductive Health Care</td>
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<tr>
<td>1:15</td>
<td>Exhibits + Refreshment Break</td>
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<tr>
<td>1:30</td>
<td>CONCURRENT WORKSHOPS #2</td>
</tr>
<tr>
<td>#21</td>
<td>Contraceptive Counseling and Pregnancy Prevention for Transgender and Gender Diverse Patients</td>
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<tr>
<td>#22</td>
<td>Cornerstones of Sexual Health Care: Talking with Patients About Their Sexual Concerns</td>
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<tr>
<td>#23</td>
<td>Diagnosing + Treating Congenital Syphilis in High Risk Populations</td>
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<tr>
<td>#24</td>
<td>Beyond Theory: Applying Motivational Interviewing Techniques for Improved Outcomes</td>
</tr>
<tr>
<td>2:45</td>
<td>Exhibits + Refreshment Break</td>
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<tr>
<td>3:15</td>
<td>CONCURRENT WORKSHOPS #3</td>
</tr>
<tr>
<td>#31</td>
<td>Incorporating the Reproductive Justice Framework in Clinical Settings</td>
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<tr>
<td>#32</td>
<td>&quot;Brief Intervention&quot;: An Evidence-Based Model for Teen Pregnancy Prevention Counseling</td>
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<tr>
<td>#33</td>
<td>Getting to Undetectable: Supporting HIV Medication Adherence in Women</td>
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<tr>
<td>#34</td>
<td>Providing Care + Support for Immigrant Patients in Today's Environment</td>
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<td>4:30 PM</td>
<td>Adjourn</td>
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</tbody>
</table>
CONFERENCE FACULTY

Melanie Baca, MD
Assistant Professor, Family and Community Medicine
University of New Mexico
Albuquerque, New Mexico

Susie Baldwin, MD, MPH, FACPM
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Los Angeles County Department of Public Health
Co-Founder and Board President
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University of California Los Angeles School of Nursing
Envision SRH
Los Angeles, California

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Consultant
Nicole Clark Consulting
Brooklyn, New York

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Ibis Reproductive Health
Oakland, California

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Los Angeles, California

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Vista Community Clinic
Vista, California

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Essential Access Health
Berkeley, California

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John Snow, Inc
Denver, Colorado

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Co-Founder
SisterSong
Atlanta, Georgia

Erin Saleeby, MD, MPH*
Interim-Chair, OB/GYN
Assistant Professor, OB/GYN
Harbor-UCLA Medical Center
Director of Women’s Health Programs and Innovation
Los Angeles County Department of Health Services
Los Angeles, California

Dominika Seidman, MD, MAS
Assistant Professor, OB/GYN and Reproductive Sciences
University of California San Francisco
San Francisco, California

*Nominees for the 2019 National Women’s Health Awards

*Planning Committee Member
CONFERENCE INFORMATION

REGISTRATION
Conference registration is limited, early registration is advised. CLICK HERE TO REGISTER ONLINE

TUITION

<table>
<thead>
<tr>
<th></th>
<th>Early Registration (ends December 6)</th>
<th>Regular Registration (December 7 - February 14)</th>
<th>Late/On-Site Registration (after February 14)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-Conference A:</td>
<td>$125</td>
<td>$150</td>
<td>$175</td>
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<tr>
<td>Fundamental Skills IUD Training</td>
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<td>Pre-Conference B:</td>
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<tr>
<td>Pre-Conference E:</td>
<td>$30</td>
<td>$45</td>
<td>$60</td>
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<tr>
<td>Leveraging the PATH Framework to Support Reproductive Autonomy</td>
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<tr>
<td>Main Conference</td>
<td>$250</td>
<td>$300</td>
<td>$350</td>
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</table>

To request an invoice or to pay by check, contact Maria Mejia at 213.386.5614 x4562 or mmejia@essentialaccess.org. Registrations must include full tuition payment to be accepted.

CONFERENCE VENUE
The California Endowment
Los Angeles Center for Healthy Communities
1000 North Alameda Street, Los Angeles, CA 90012
Phone: 213.928.8900

- On-Site Parking, Free of Charge
- A short walk (0.6 miles) from Union Station

HOTEL ACCOMMODATIONS
Milennium Biltmore Hotel, Los Angeles
506 South Grand Avenue, Los Angeles, CA 90071

Discounted Rates (end 1/24/2020): $180 single/double
Room rates are subject to a $10 facility fee and state + local taxes.

- Special group rates will be in effect, based upon availability, 2/24/2020 + 2/25/2020.
- For room reservations call 213.612.1575 and mention the code: 2002WHU202. When calling in your reservation, please request a confirmation number and reservation confirmation.

SPONSORS + EXHIBITORS
For exhibit space, sponsorships or advertising opportunities, contact: Jasmine Hutchinson at 213.368.4413 or jhutchinson@essentialaccess.org