

Title X Family Planning Program in California: Improving Public Health + Saving Taxpayer Dollars

Title X Overview

Established in 1970 with broad bi-partisan support, Title X provides high-quality family planning services and other preventive health care to low-income and uninsured individuals who may otherwise lack access to health care. Six in 10 women who obtain health care from a family planning center consider it their usual source of health care.¹

Title X family planning services include: contraceptive services, patient education and counseling, breast and pelvic exams, breast and cervical cancer screenings, sexually transmitted disease (STD) and human immunodeficiency virus (HIV) prevention education, counseling and referral, as well as pregnancy diagnosis and counseling. Title X family planning services does not include abortion services. Title X funding may also support the delivery of these services and outreach and education efforts that link community members to care.

Essential Access Health administers the Title X program in California – the largest and most diverse Title X system in the country, serving 25% of Title X patients nationwide.

Supporting Title X is Fiscally Responsible

Every **\$1** invested in Title X saves taxpayers more than **\$7** by helping to avert costs related to unintended pregnancies. Additionally, over \$84 million in taxpayer dollars are saved from early treatment and prevention of STD's/HIV and breast and cervical cancer screenings at Title X funded health centers across the county.

National Overview

- Providers receiving Title X funding serve over **4 million** low-income patients each year.
- The percentage of Title X users living at or below the federal poverty level (FPL) was 88% in 2015.²
- Without publicly-funded family planning services, the rates of unintended pregnancy, unplanned birth and abortion would be 75% higher.
- The funding level for Title X in fiscal year (FY) 2016 is \$286.5 million, that's a reduction of \$39 million since 2012. To fully meet the need for publicly funded family planning, Title X would be funded at \$737 million.
- There is a net government savings of **\$15.5 billion** for public investment in helping women avoid unplanned pregnancies.³

Title X in California

- Essential Access Health's diverse provider network includes 61 health care organizations collectively serving nearly **one million** women, men and teens at nearly 375 health centers in 37 of California's 58 counties.
- Ninety-one percent (91%) of Title X patients in California had incomes at or below 250% of FPL. Nearly 60% were uninsured in 2016.
- Title X funding in California helps avert nearly 275,000 unintended pregnancies each year.
- There is a net government savings of \$64.2 million in California for public investment in helping women avoid unplanned pregnancies and early detection and treatment of STDs, breast cancer and cervical cancer.

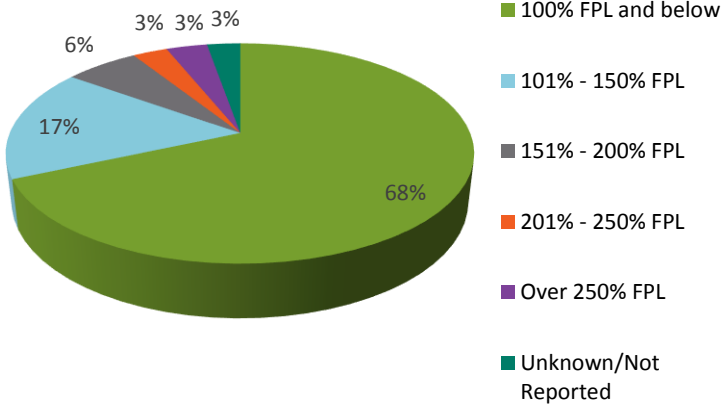
¹ Guttmacher Institute, Moving Forward: Family Planning in the Era of Health Reform (2014) <http://www.guttmacher.org/pubs/family-planning-and-health-reform.pdf>

² Office of Population Affairs, Family Planning Annual Report: 2015 National Summary <https://www.hhs.gov/opa/sites/default/files/title-x-fpar-2015.pdf>

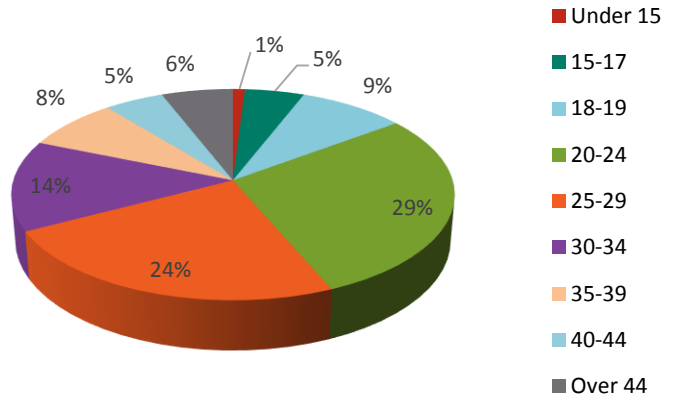
³ Guttmacher Institute, Public Costs from Unintended Pregnancies and the Role of Public Insurance Programs in Paying for Pregnancy-Related Care (2015) <http://https://www.guttmacher.org/pubs/public-costs-of-UP-2010.pdf>

Snapshot of Title X in California

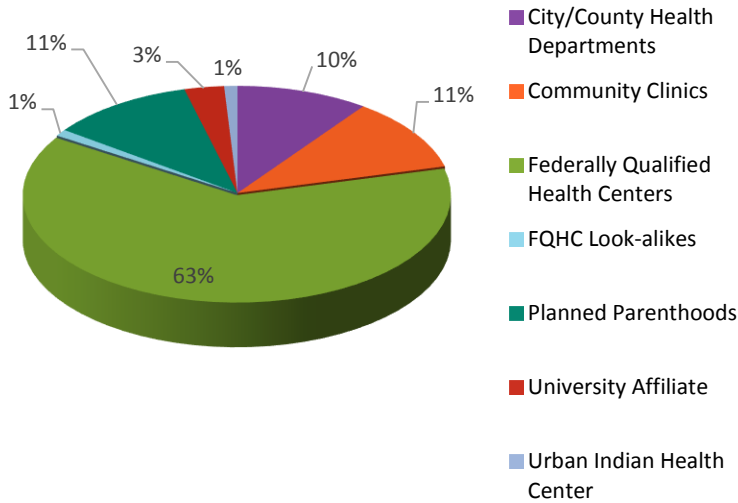
Patients By Income Level



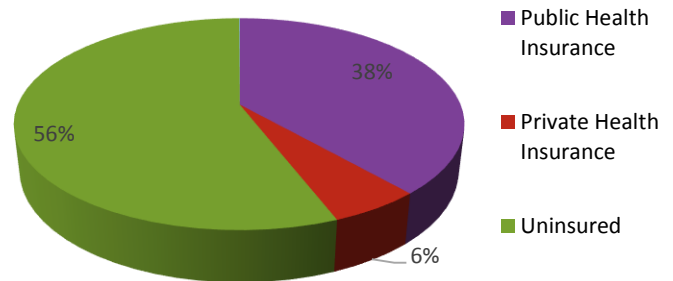
Patients By Age



Agencies by Type



Patients by Insurance Type



This information is based on 2016 data.

To learn more about Title X in California, visit www.essentialaccess.org.