SACRAMENTO WOMEN'S GUIDE TO
Health Coverage + Care

Women in Sacramento County have new options for getting health coverage and care. Use this guide to find out which option is right for you. This guide also has information about how you can sign-up for, use, and keep your coverage so you can start getting health care services and take care of your health.

MEDI-CAL
$0-$16,395
Individual Income/Year
Family of 4: $33,534

Sign up for FREE services under Medi-Cal

- Sign up at any time
- For citizens, legal permanent residents, and deferred action (DACA) students
- Former foster youth under the age of 26 can sign up regardless of income

Sign up at:
www.mybenefitscalwin.org
or call (916) 874-3100

COVERED CALIFORNIA
$16,393-$47,080
Individual Income/Year
Family of 4: $97,000

Buy insurance through Covered California with discounts

- Sign up during the open enrollment period that happens once a year
- **Special Enrollment**
  Sign up within 60 days after you:

  1. lose your insurance
  2. move to or from another state
  3. get married or divorced
  4. have a baby
  5. self-attest to surviving domestic violence and/or spousal abandonment

- For citizens, legal permanent residents and lawfully present immigrants
- **Earn more?** You can still buy insurance through Covered California without discounts

Sign up at: **www.coveredca.com** or call (800) 300-1506

SACRAMENTO HEALTHY PARTNERS PROGRAM
$0-$16,395
Individual Income/Year
Family of 4: $33,534

Sign up for FREE services under Healthy Partners

- Must live in Sacramento County
- Available regardless of immigration status
- Sign up at any time
- Limited space. Wait list available
- Ages 19-64
- Must apply for Emergency Medi-Cal first

Sign up by calling (916) 874-1805

STILL NEED OTHER OPTIONS ?

Still without insurance because of immigration status or haven't signed up for coverage you may be eligible for yet? Find resources to help you access health care services below.

- Get birth control services, STD screening + other related services through Family PACT: **www.familypact.org**
- Get Pap tests, pelvic and breast exams through Every Woman Counts: **www.dhcs.ca.gov/services/Cancer/ewc/Pages/default.aspx**
- Find mental health and other resources in your community at: **www.dhcs.ca.gov/services/mh**
- Contact your county Medi-Cal office to receive emergency and pregnancy-related services: **www.dhcs.ca.gov/services/medi-cal/Pages/CountyOffices/aspx**